

FIFE REGION SWIMMING COMMITTEE
SCOTLAND

NOVICE LEAGUES
AND FIFE LEAGUES 2011



Swimming

F.I.P.R.E. Swimming Pool

Morning Session: Warm up time 9am Start 10:00am

Afternoon Session: Warm up time 1pm Start 2:00pm

Round 1 - *13th March 2011 *

Round 2 - 17th April 2011

Round 3 - 8th May 2011

Round 4 - 19th June 2011

Exception - *Warm up times for March is 8am and 12 noon*

Fife Region Swimming Committee - Scotland

General Information

- Age as at :** As at 31st December in the year of the competition.
- Events:** Events information below on pages 4, 5, 6 & 7
- Entries:**
1. Swimmers can only swim in their own Age Group - Clubs entering swimmers in the incorrect age group will have these swims rejected unless authorisation sought from Meet Organisers
 2. All communications will take place using e-mail so an e-mail address that is regularly looked at is essential.
 3. Completed entry files should be e-mailed to the Meet Secretary by the Friday of the week prior to the meet taking place at the latest.
 4. Once summary sheets have been accepted and collated entry files will be e-mailed out to the address given.
 5. Amendments to teams can be made up to Tuesday by e-mail and on the day using the relevant paperwork.
- Teams:**
1. Maximum of 2 teams per age group.
 2. Clubs can apply for additional teams in writing and will be informed if these have been accepted or declined 2 days after closing date for summary forms but these will be accepted at the discretion of the gala convenor.
 3. **Late entries will not be accepted.**
 4. Swimmers are limited to swim 1 individual event per round. One member of each team will be selected to swim the nominated distance and stroke on that round.
 5. Swimmers can only swim in their designated team on the day of the meet; however swimmers can transfer into other teams in subsequent rounds of the Novice and Leagues
- Technical Officials:** See page 8 for details of requirements.
- Flash Times:**
1. See attached information for times
 2. Swimmers who achieve the Flash Time in the Novice events can transfer to the Leagues in the next round for the flashed events (but not in the afternoon sessions of the same day).
- Presentation** Swimmers who achieve and surpass the Flash Times will receive an award on the day of the meet.
- Points:**
1. Points allocation will be dependent on the amount of clubs participating in the age groups. These will be allocated on a sliding scale.
 2. **Swimmers who achieve a flash will be awarded zero points.**

**Fife Region Swimming Committee
Novice and Leagues 2011**

Entry Form Summary Sheet

** Please complete this form and return it by Monday 7th February 2011. **

Club Name:
Contact Name:
Club Code:
Address:
E-mail-address (essential):
Telephone:

Please indicate below how many teams you wish to enter:

No. of Teams	Novice Teams		No of Teams	Fife League Teams
	9/ under years female			8-10 years female
	9/ under years male			8-10 years male
	10-12 years female			11-12 years female
	10-12 years male teams			11-12 years male
				13-14 years female
				13-14 years male
				15 years/ over female
				15 years/ over male

Club Representative:
Position in club:

Entry Summary Forms should be e-mailed or posted to:

Heather McIntyre,
The Bungalow,
Carslogie Rd,
Cupar, KY15 4HY
Tel 01334 656559

hjp.mcintyre@btinternet.com

All communications will take place using e-mail so an e-mail address that

is regularly looked at is essential.

FIFE NOVICE LEAGUES - 2011

Programme of Events

Round 1

Event	Gender	Age Group	Stroke/ Distance	Flash Time
101	F	9 yrs/ under	25metre Backstroke	25.00
102	M	9 yrs/ under	25metre Backstroke	25.00
103	F	10-12 years	50metre Backstroke	50.00
104	M	10-12 years	50metre Backstroke	50.00
105	F	9 yrs/ under	25metre Breaststroke	27.00
106	M	9yrs/ under	25metre Breaststroke	27.00
107	F	10-12 years	50metre Breaststroke	52.00
108	M	10-12 years	50metre Breaststroke	52.00
109	F	9yrs/ under	25metre Butterfly	24.00
110	M	9yrs/ under	25metre Butterfly	24.00
111	F	10-12 years	50metre Butterfly	48.00
112	M	10-12 years	50metre Butterfly	48.00
113	F	9yrs/ under	25metre Freestyle	21.00
114	M	9yrs/ under	25metre Freestyle	21.00
115	F	10-12 years	50metre Freestyle	43.00
116	M	10-12 years	50metre Freestyle	43.00
117	F	9yrs/ under	50metre Backstroke	Nominated swim
118	M	9yrs/ under	50metre Backstroke	Nominated swim
119	F	10-12 years	100metre Backstroke	Nominated swim
120	M	10-12 years	100metre Backstroke	Nominated swim
121	F	9yrs/ under	4x25metre Medley Relay	
122	M	9yrs/ under	4x25metre Medley Relay	
123	F	10-12 years	4x25metre Medley Relay	
124	M	10-12 years	4x25metre Medley Relay	

Round 2

Events 101 - 116 Individual swims and Flash Times as in previous round

Event	Gender	Age Group	Stroke/ Distance	Flash Time
117	F	9yrs/ under	50metre Breaststroke	Nominated swim
118	M	9yrs/ under	50metre Breaststroke	Nominated swim
119	F	10-12 years	100metre Breaststroke	Nominated swim
120	M	10-12 years	100metre Breaststroke	Nominated swim

Events 121 - 124 Team relays as in previous round

Round 3

Events 101 - 116 Individual swims and Flash Times as in previous rounds

Event	Gender	Age Group	Stroke/ Distance	Flash Time
117	F	9yrs/ under	50metre Butterfly	Nominated swim
118	M	9yrs/ under	50metre Butterfly	Nominated swim
119	F	10-12 years	100metre Individual Medley	Nominated swim
120	M	10-12 years	100metre Individual Medley	Nominated swim

Events 121 - 124 Team relays as in previous rounds

Round 4

Events 101 - 116 Individual swims and Flash Times as in previous rounds

Event	Gender	Age Group	Stroke/ Distance	Flash Time
117	F	9yrs/ under	50metre Freestyle	Nominated swim
118	M	9yrs/ under	50metre Freestyle	Nominated swim
119	F	10-12 years	100metre Freestyle	Nominated swim
120	M	10-12 years	100metre Freestyle	Nominated swim

Events 121 - 124 Team relays as in previous rounds

FIFE LEAGUES - 2011

Programme of Events

Round 1

Event	Gender	Age Group	Stroke/ Distance	Flash Time
201	F	8-10 years	50metre Backstroke	No time
202	M	8-10 years	50metre Backstroke	No time
203	F	11-12 years	100metre Backstroke	1:19.00
204	M	11-12 years	100metre Backstroke	1:15.00
205	F	13-14 years	100metre Backstroke	1:13.00
206	M	13-14 years	100metre Backstroke	1:18.00
207	F	15 years/over	100metre Backstroke	1:11.00
208	M	15 years/over	100metre Backstroke	1:03.00
209	F	8-10 years	50metre Breaststroke	No time
210	M	8-10 years	50metre Breaststroke	No time
211	F	11-12 years	100metre Breaststroke	1:28.00
212	M	11-12 years	100metre Breaststroke	1:23.00
213	F	13-14 years	100metre Breaststroke	1:21.00
214	M	13-14 years	100metre Breaststroke	1:15.00
215	F	15 years/over	100metre Breaststroke	1:19.00
216	M	15 years/over	100metre Breaststroke	1:10.00
217	F	8-10 years	50metre Butterfly	No time
218	M	8-10 years	50metre Butterfly	No time
219	F	11-12 years	100metre Butterfly	1:15.00
220	M	11-12 years	100metre Butterfly	1:12.00
221	F	13-14 years	100metre Butterfly	1:10.00
222	M	13-14 years	100metre Butterfly	1:04.00
223	F	15 years/over	100metre Butterfly	1:04.00
224	M	15 years/over	100metre Butterfly	59.00
225	F	8-10 years	50metre Freestyle	No time
226	M	8-10 years	50metre Freestyle	No time
227	F	11-12 years	100metre Freestyle	1:11.00
228	M	11-12 years	100metre Freestyle	1:08.00
229	F	13-14 years	100metre Freestyle	1:05.00
230	M	13-14 years	100metre Freestyle	1:00.00
231	F	15 years/over	100metre Freestyle	1:01.00
232	M	15 years/over	100metre Freestyle	55.00
233	F	8-10 years	100metre Backstroke	Nominated Swim
234	M	8-10 years	100metre Backstroke	Nominated Swim
235	F	11yrs & over	200metre Backstroke	Nominated Swim
236	M	11yrs & over	200metre Backstroke	Nominated Swim
237	F	All Ages	50metre Backstroke	Sprint Swim

238	M	All Ages	50metre Backstroke	Sprint Swim
-----	---	----------	--------------------	-------------

Round 2

Events 201 - 216 Individual swims and Flash Times as in previous round

233	F	8-10 years	100metre Breaststroke	Nominated Swim
234	M	8-10 years	100metre Breaststroke	Nominated Swim
235	F	11yrs & over	200metre Breaststroke	Nominated Swim
236	M	11yrs & over	200metre Breaststroke	Nominated Swim
237	F	All Ages	50metre Breaststroke	Sprint Swim
238	M	All Ages	50metre Breaststroke	Sprint Swim

Round 3

Events 201 - 216 Individual swims and Flash Times as in previous rounds

233	F	8-10 years	100metre Individual Medley	Nominated Swim
234	M	8-10 years	100metre Individual Medley	Nominated Swim
235	F	11yrs & over	200metre Individual Medley	Nominated Swim
236	M	11yrs & over	200metre Individual Medley	Nominated Swim
237	F	All Ages	50metre Butterfly	Sprint Swim
238	M	All Ages	50metre Butterfly	Sprint Swim

Round 4

Events 201 - 216 Individual swims and Flash Times as in previous rounds

233	F	8-10 years	100metre Freestyle	Nominated Swim
234	M	8-10 years	100metre Freestyle	Nominated Swim
235	F	11yrs & over	200metre Freestyle	Nominated Swim
236	M	11yrs & over	200metre Freestyle	Nominated Swim
237	F	All Ages	50metre Freestyle	Sprint Swim
238	M	All Ages	50metre Freestyle	Sprint Swim

Fife Leagues 2011 Gala Officials Required by Each Club

The requirement for officials to support each Meet will be based on the number of teams entered per club using the formula below. This will ensure that we have the minimum number of officials required for each meet.

Entry per session	Number of Officials
1-3 teams	1
4-6 teams	2
7-9 teams	3*
10-12 teams	4*
13 and over teams	5*

If a club is required to supply 3 or more officials due to their team entries at least one for these must be a judge 1 or higher.

Clubs are reminded that by not supplying the required number of officials there will be a fine of £20 levied per missing official.

If clubs find themselves short of officials they may make arrangements with another club for a 'loan' of an official. This information **MUST** be intimated to Ross Ainslie, the Gala Officials Convener, to prevent fines being imposed incorrectly.

The follow personnel who are required to run the Meets will count towards their clubs required number of officials.

- Leagues Convenor
- Club Helpers
- Marshalls(2)
- Recorders(2)

Any query with regards to the above should be made to :

Ross Ainslie
Gala Officials Convenor

Telephone 01337 830700 or e-mail ross_ainslie@lineone.net